

Beautify

Spray Body Bronzing \$40.00 **UFS Members \$36.00**

Make-Up

Full Make-up (Allow 1hr) \$60.00 **UFS Members \$54.00**

Trial Make-up (30 mins) \$45.00 **UFS Members \$40.50**

Tinting

Lash Tint \$22.00 **UFS Members \$19.80**

Brow Tint \$22.00 **UFS Members \$19.80**

Lash & Brow Tint \$32.00 **UFS Members \$28.80**

Lash Tint with Brow Shape \$32.00 **UFS Members \$28.80**

Brow Tint with Brow Shape \$32.00 **UFS Members \$28.80**

Waxing

Full Leg \$47.00 **UFS Members \$42.30**

Full Leg & Bikini \$62.00 **UFS Members \$55.80**

Half Leg & Bikini \$51.50 **UFS Members \$46.35**

Half Leg \$32.00 **UFS Members \$28.80**

Standard Bikini Line \$27.00 **UFS Members \$24.30**

Underarm \$27.00 **UFS Members \$24.30**

Lip \$22.00 **UFS Members \$19.80**

Chin \$22.00 **UFS Members \$19.80**

Eyebrow Shape \$22.00 **UFS Members \$19.80**

Eyebrow Shape & Chin \$32.00 **UFS Members \$28.80**

Lip & Chin \$37.00 **UFS Members \$33.30**

Lip & Eyebrow Shape \$37.00 **UFS Members \$33.30**

Arm Wax \$32.00 **UFS Members \$28.80**

Chest Wax \$32.00 **UFS Members \$28.80**

Back Wax \$32.00 **UFS Members \$28.80**

Wedding Packages

Beautiful Bride \$310.00 **UFS Members \$279.00**

The Complete Bride \$410.00 **UFS Members \$369.00**

Grooming the Groom \$230.00 **UFS Members \$207.00**

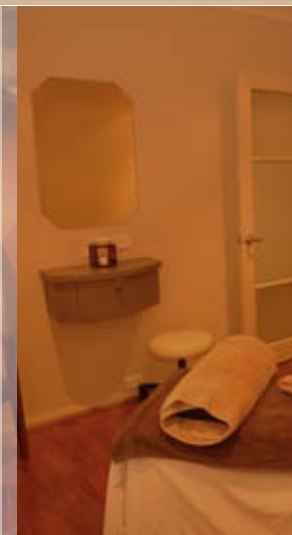
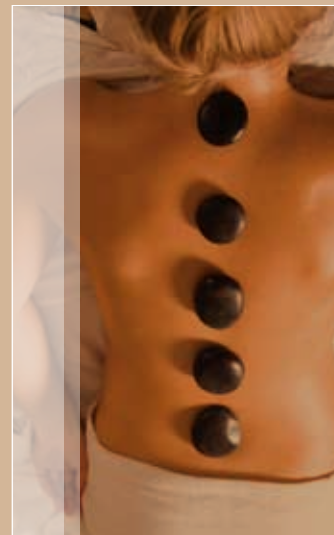


Current November 2009

Owned and operated by UFS Dispensaries Ltd



719 Sturt Street
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www.peaceandquiet.biz



*Peace
& Quiet*
a well-being centre

Price List

every body needs a bit of peace & quiet

Peace & Quiet is based on the concept of holistic health. Herbal medicines, natural therapies, massage, facial and body treatments, Peace & Quiet offers refuge and renewal. Somewhere to unwind, relax and take some time for yourself.

Facial Treatments

Balance Facial (45 mins)	\$85.00	UFS Members \$76.50
Senses Facial (45 mins)	\$85.00	UFS Members \$76.50
Results Facial (1hr)	\$110.00	UFS Members \$99.00
High Performance Facial (1¼ hrs)	\$145.00	UFS Members \$130.50
Eye Treatment (30 mins)	\$60.00	UFS Members \$54.00
Men's Facial (1hr)	\$95.00	UFS Members \$85.50

Relaxation Massage

45 Minute Treatment	\$70.00	UFS Members \$63.00
60 Minute Treatment	\$85.00	UFS Members \$76.50

Remedial Therapy

- *Myotherapy Treatments*
- *Deep Tissue Massage*
- *Sports Massage*
- *Remedial Massage*
- *Bowen Therapy*
- *Reflexology*
- *Pregnancy Massage*

30 Minute Treatment	\$60.00	UFS Members \$54.00
45 Minute Treatment	\$75.00	UFS Members \$67.50
60 Minute Treatment	\$90.00	UFS Members \$81.00

Naturopathy

First Consultation (1hr)	\$70.00	UFS Members \$63.00
Following Consultations (30 mins)	\$50.00	UFS Members \$45.00

CLAIMING THE COST OF TREATMENTS

Rebates will be available from MOST Private Health Funds to claim the cost of naturopath consultations and remedial treatments (including myotherapy). Our Remedial Therapists and Naturopaths have provider numbers to enable you to claim.

Optional Treatments to Complement Facials

While enjoying your facial you can at the same time increase the benefits and results to your skin by incorporating the following treatments:

- Eye Treatment \$30.00 **UFS Members \$27.00**
- Hair Treatment \$30.00 **UFS Members \$27.00**
- Bust Firming Treatment \$40.00 **UFS Members \$36.00**



Body Treatments

Body Polish (45 mins)	\$80.00	UFS Members \$72.00
Bust Firming (45 mins)	\$75.00	UFS Members \$67.50
Body Bronze (1hr)	\$95.00	UFS Members \$85.50
Cocoon Wrap (1¼ hrs)	\$130.00	UFS Members \$117.00
Hair Treatment (30 mins)	\$60.00	UFS Members \$54.00

Hands & Feet

Spa Manicure (45 mins)	\$75.00	UFS Members \$67.50
Tidy Manicure (30 mins)	\$60.00	UFS Members \$54.00
Spa Pedicure (1hr)	\$85.00	UFS Members \$76.50
Tidy Pedicure (30 mins)	\$60.00	UFS Members \$54.00
French Polish	+\$10.00	UFS Members +\$9.00

Signature Treatments

Hot Stone Massage (1½ hrs)	\$130.00	UFS Members \$117.00
Shirodhara (30 mins)	\$60.00	UFS Members \$54.00
Crystal Point Therapy		
• Body Treatment (1¼ hrs)	\$130.00	UFS Members \$117.00
• Foot Treatment (30 mins)	\$60.00	UFS Members \$54.00

Peace & Quiet Packages

Healing Hands (1½ hrs)	\$170.00	UFS Members \$153.00
Inner Calm (1½ hrs)	\$170.00	UFS Members \$153.00
Mood Food (2½ hrs)	\$230.00	UFS Members \$207.00
Polish & Shine (2½ hrs)	\$260.00	UFS Members \$234.00
High Gloss (2¾ hrs)	\$260.00	UFS Members \$234.00
Men's Package (2½ hrs)	\$195.00	UFS Members \$175.50

Optional Treatments to Complement Body Treatments

While enjoying your cocoon wrap or bust firming treatment you can at the same time incorporate the following treatments:

- Hair Treatment \$30.00 **UFS Members \$27.00**
- Clean Facial Treatment \$35.00 **UFS Members \$31.50**
- Shirodhara Treatment \$30.00 **UFS Members \$27.00**

